

Kimberley P. Brotherton, LICSW, BCD

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Experience

Instructor

Seattle Psychoanalytic Society & Institute, Advanced Psychoanalytic Psychotherapy Program (APPP)
November 2017 - January 2018 & September - November 2019

- Instructed and co-instructed Narcissistic & Borderline Conditions course to professional psychotherapy students in the Seattle Psychoanalytic Society & Institute's (SPSI) Adult Psychoanalytic Psychotherapy Program (APPP)

Psychotherapist

Private Practice, Seattle, WA

April 2006 – Present

- Provide psychodynamically-oriented individual and couple therapy

Wellspring Family Services, Redmond, WA

October 2002 – December 2007

- Provided psychodynamically-oriented individual therapy to adults, couples and families
- Provided EAP assessment and disability determination services

Program Coordinator

Stevens Hospital Partial Hospitalization Program, Edmonds, WA

February 1997 – October 2002

- Provided group, individual, couples and family therapy to adults with acute psychiatric symptoms
- Performed diagnostic assessments and developed individual treatment plans
- Supervised and coordinated ten mental health professionals in providing group therapy in a 30-hour per week acute treatment program
- Performed social work and discharge planning functions for 25-bed inpatient psychiatric program to assist inpatient unit social worker
- Facilitated weekly interdisciplinary case consult meetings with physicians, nurses, social workers, various mental health professionals
- Conducted community relations and program marketing outreach to community mental health providers and referral sources
- Developed and managed program annual budget, business, and marketing plan

Practicum Instructor

University of Washington Graduate School of Social Work, Seattle, WA

June 1999–August 2000

- Supervised second-year graduate student in clinical practicum
- Developed and evaluated quarterly learning plans

Therapist

LifeNet Health Adult Partial Hospitalization Program, Everett, WA

June 1995 - February 1997

- Developed and facilitated intensive individual and group therapy for seriously and persistently mentally ill adults with acute psychiatric symptoms; monitored mental status, medication management and progress in treatment
- Conducted client intakes and diagnostic assessments; formulated treatment plans; facilitated team meetings with clients, family members and mental health service providers
- Provided consultation to interdisciplinary team regarding systems analysis of clients' condition and diagnostic considerations
- Managed group milieu and crisis intervention to maintain a structured and therapeutic environment

Education

Master of Social Work, University of Denver, Denver, CO

June 1995

Bachelor of Arts, Psychology, University of Washington, Seattle, WA

June 1990

Licensed Independent Clinical Social Worker, WA State Department of Health

July 2001 #LW00004927

Board Certified Diplomate in Clinical Social Work, American Board of Examiners for Clinical Social Work (ABECSW)

January 2005 #50493

Certifications

Psychobiological Approach to Couple Therapy (PACT) Level II Training

November 2013

Psychobiological Approach to Couple Therapy (PACT) Level I Training

November 2012

Certificate in Advanced Psychoanalytic Psychotherapy, Seattle Psychoanalytic Society & Institute, Seattle, WA

June 2008

Certificate of Psychodynamic Theory & Practice, Family Services & Washington State Society for Clinical Social Work

May 2001

Affiliations

Mentoring Group Facilitator, Northwest Alliance for Psychoanalytic Study

September 2013 - June 2015

Clinical Consultant, Alliance Community Psychotherapy Clinic

February 2013 - January 2015

Webmaster/Chair, Northwest Alliance for Psychoanalytic Study Board of Directors

January 2007 - February 2015

Board Secretary, Northwest Alliance for Psychoanalytic Study Board of Directors

June 2008- May 2011

Board Member, Crisis Clinic Board of Directors, Seattle, WA

July 2001-June 2004